



Recreational Canoe and Kayak Clinic

Saturday, July 20, 2013 on the James River, 9am-5pm

If you want to learn the basics of canoeing or kayaking: strokes, boat control, safety and trip planning, then this is the clinic for you! This class is geared toward the beginner who wants to learn how to have a fun, safe day on the river. It is also great for the beginner who would like to work up to taking our Spring Whitewater Clinic. The clinic is taking place on **Saturday, July 20th, 9am - 5pm**. It's open to anyone who is 12 years or older in good physical condition, with basic swimming skills and no excessive fear of being in or around water.

- American Canoe Association certified instructors and volunteer assistant/safety persons are teaching this clinic. They will be donating their time, vehicles, and effort.
- The size of the clinic is limited and will be filled first come, first serve.
- If you do not have your own equipment, contact Dynamic Earth to inquire about obtaining a demo kayak, or rent a canoe or kayak through James River Outfitters.
- Bring your own lunch and drinks for the day. **No pets. No alcoholic beverages on the river.**

Upon acceptance into the clinic, you will receive a letter with directions and additional information. If you have any questions, please contact Brian Grindstaff at 417-877-0849 or email education@ozarkmtnpaddlers.org. Additional information will also be available at www.ozarkmtnpaddlers.org.

Name: _____

Address: _____ City _____ State _____ Zip _____

Home phone _____ Work Phone _____ Email _____

Gender: M F Age _____ Check one: Tandem Canoe Solo Canoe Recreational Kayak

Please list any health problems or special requirements which the instructors need to be aware of in order for you to safely participate in the clinic. Example: Asthma, diabetes, hypoglycemia, physical disability, previous shoulder injuries, etc.

Will you be renting or borrowing a boat? Yes No

If you are bringing your own equipment, what make & model of canoe or kayak will you be paddling in the clinic?
Example: Old Town Discovery, Liquid Logic Marvel, Dagger Blackwater, etc.

If you are enrolling in the tandem canoe, list your partner's name: _____

List the rivers or lakes you have paddled in the past 2 years (Buffalo, Current, etc.) _____

What do you hope to learn at this clinic? _____

Check here if you are enrolling in the tandem canoe clinic and would like for us to try and pair you with a partner.

Mail your registration to:

Brian Grindstaff
2339 E. Bancroft
Springfield, MO 65804

CLINIC FEE..... \$40.00

Subtract \$5 if you are an OMP member: \$ _____

Subtract \$5 if you are an ACA member: \$ _____

(you must provide us your ACA #) # _____

Please make checks payable to: **Ozark Mountain Paddlers**

TOTAL _____