



Recreational Canoe and Kayak Clinic

Saturday, May 18, 2013, on the James River, 9am-5pm

If you want to learn the basics of canoeing or kayaking: strokes, boat control, safety and trip planning, then this is the clinic for you! This class is geared toward the beginner who wants to learn how to have a fun, safe day on the river. It is also great for the beginner who would like to work up to taking our Whitewater Clinic next spring. The clinic will take place on **Saturday, May 18, 9am - 5pm**. It's open to anyone who is 12 years or older in good physical condition, with basic swimming skills and no excessive fear of being in or around the water.

- American Canoe Association certified instructors and volunteer assistant/safety persons are teaching this clinic. They will be donating their time, vehicles, and effort.
- The size of the clinic is limited and will be filled first come, first serve. Applications are being accepted through **May 17th**.
- If you do not have your own equipment, contact Dynamic Earth or Ozark Mountain Trading Company and inquire about obtaining a demo kayak, or rent a canoe or kayak through James River Outfitters.
- Bring your own lunch and drinks for the day. **No pets. No alcoholic beverages on the river!**

Upon acceptance into the clinic, you will receive a letter with directions and additional information. If you have any questions, please contact Brian Grindstaff at 417-300-5272 or email education@ozarkmtnpaddlers.org. Additional information will also be available at www.ozarkmtnpaddlers.org.

Name: _____

Address: _____ City _____ State _____ Zip _____

Home phone _____ Work Phone _____ Email _____

Gender: M F Age _____ Check one: Tandem Canoe Solo Canoe Recreational Kayak

Please list any health problems or special requirements of which the instructors need to be aware in order for you to safely participate in the clinic. Example: Asthma, diabetes, hypoglycemia, physical disability, previous shoulder injuries, etc.

Will you be renting or borrowing a boat? Yes No

If you are bringing your own equipment, what make and model of canoe or kayak will you be paddling in the clinic?

Example: Old Town Discovery, Liquid Logic Marvel, Dagger Blackwater, etc. _____

If you are enrolling in the tandem canoe, list your partner's name: _____

List the rivers or lakes you have paddled in the past 2 years (Buffalo, Current, etc.) _____

What do you hope to learn at this clinic? _____

Check here if you are enrolling in the tandem canoe clinic and would like for us to try and pair you with a partner.

Mail your registration to:

Brian Grindstaff
2339 E. Bancroft
Springfield, MO 65804

CLINIC FEE	\$40.00
Subtract \$5 if you are an OMP member: \$	_____
Subtract \$5 if you are an ACA member: \$	_____
(You must provide us your ACA #)	_____

Please make checks payable to: **Ozark Mountain Paddlers**

TOTAL _____

Note: We cannot accept applications after May 17th. No Exceptions!